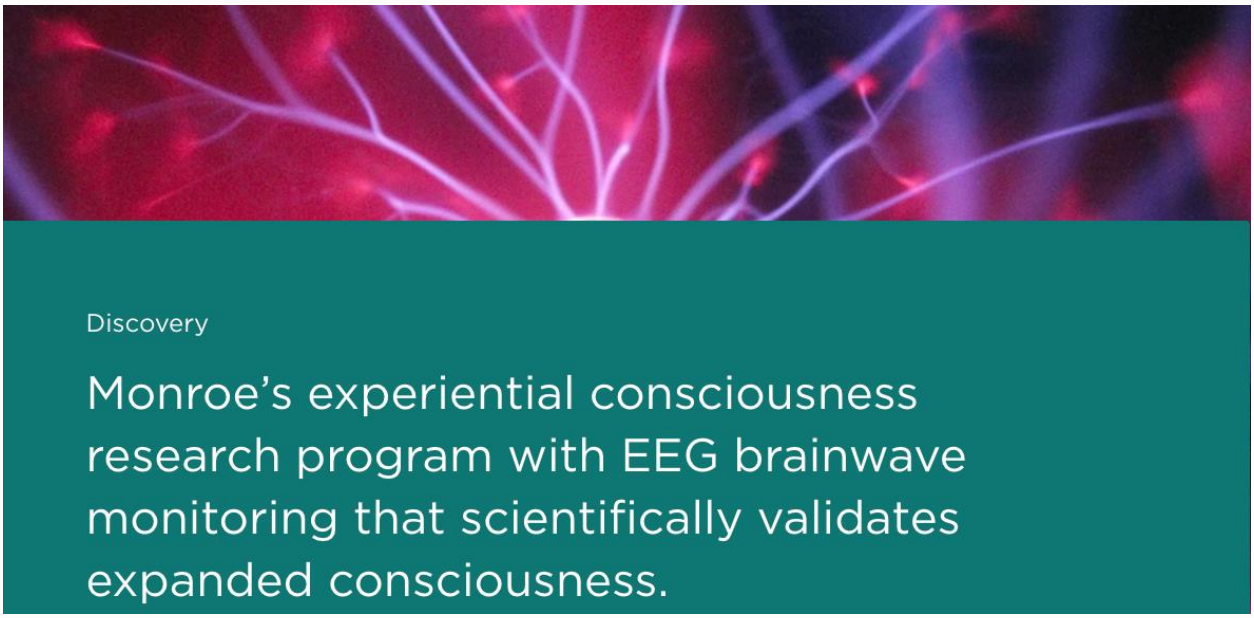
2023 Website Program Description


Discovery
Monroe's experiential consciousness research program with EEG brainwave monitoring that scientifically validates expanded consciousness.

Residential Program

$2,295.00

5 Days + 6 Nights

Monroe Institute's experiential research program, Discovery, uses real-time EEG monitoring during out-of-body, remote viewing, and lucid dreaming exercises. Assisted by SAM and Hemi-Sync® audio technology, you will enter into targeted expanded states while the Mind Mirror™ system measures, verifies and records changes in your brainwaves. This is the only known long-term, large-scale, EEG-monitored psi study being conducted anywhere in the world.

Participate in generating verifiable data! Discovery offers you the unique opportunity to participate in a consciousness research study exploring specific states of expanded awareness and to actually see what your brainwaves are doing during these expanded states! You will have the opportunity to learn about your mind-body correlations and to see your physiological measurements

Consciousness connects us All. To know this through personal exploration and discovery may yield the greatest wisdom in the human experience. The data collected in this research program helps us to better understand and verify expanded states of consciousness in a new way.

Can the mind operate independently of the brain? Mind Mirror technology offers both integrated EEG and physiological measurements. Judith Pennington, from the Institute for the Awakened Mind and her associates, will be monitoring, measuring, and collecting your brainwave activity data.

Your Mind Mirror results will be debriefed individually with you by a qualified expert. Not only will we review the changes in your brainwave activity together, we will also begin to understand just what those changes mean. Also, included is a written summary of your Mind Mirror results after the programs is finished and data analyzed.

Learn more in the latest Discovery group summary report.
(see the link in the details section below for Monroe Institute Research: Mind Mirror)

What You Get

In addition to the program materials and audio exercises, you will receive the following benefits.

 Semi-Private Rooms Standard accommodations are double-occupancy rooms.	 **Free Wi-Fi** Free Wi-Fi is available for guests	 **Daily Meals** Our dining menu offers many healthy fresh options with a farm-to-table philosophy.
 Shuttle Service Local area, shuttle transportation is included on the first and last days of each program.	 **Swimming** During afternoon breaks, enjoy a dip in the swimming pool or lake (weather-permitting).	 **Massage** Massages are available during weeklong retreats during afternoon breaks. (additional fee)